



The Buzz

Piedmont Communications

March 2023 • 191 Reeds Baptist Church Rd. • Lexington, North Carolina • 336.787.5433

SPRING FORWARD!



Daylight Savings Time Begins Sunday, March 12!

FOUR STEPS TO HELP PROTECT YOUR SENSITIVE INFORMATION

In a world where so many things can be accessed online, we must be very careful to protect our personal information just as we would protect our bank accounts. But where do we start? Check out these four tips on how to protect yourself online:



1. Create Strong Passwords Using at least 12 characters. You should combine letters, numbers and

symbols to create strong passwords. Avoid using any passwords that can be easily guessed like your birthday or your pet's name. You should also not be using the same password for all your devices.

2. Be Cautious When Opening Emails. Be very careful responding or clicking on any email that requires urgent action, especially when these relate to sensitive topics. Most scam emails will use scare tactics to try to compel you to give up your personal information. Be cautious of clicking on any links or attachments, and of any spelling errors

in the email. If you have any doubts at all about an email being real, you should contact the company directly, by phone.

3. Keep Your Devices Clean and Up-to-date. Make sure to keep all frequently used apps up to date. Delete apps that are no longer in use, as they can collect personal information like your location while sitting idle on your phone.

4. Take Charge of Your Online Presence Be sure to monitor who has access to your information and what you decide to share. Try not to share your login information with anyone if you can help it. Remember that it is okay to tell people what they can and cannot post of you. Always keep in mind that things posted online never go away. You can visit staysafeonline.org to learn more about managing your privacy setting from the National Security Alliance.



PIEDMONT TV

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Automated Phone Pay



Online ptmc.net



Drive Thru

Recipe of the Month:

Mint Chip Lasagna

(Recipe & photo from delish.com)



INGREDIENTS:

FOR THE CRUST

- 1 package mint Oreos, finely crushed
- 5 tbsp. melted butter

FOR THE CHEESECAKE LAYER

- 2 (8-oz.) blocks cream cheese, softened
- 1 c. powdered sugar
- 1 tsp. mint extract
- 1 c. whipped cream
- Green food coloring

FOR THE PUDDING LAYER

- 2 (3.4-oz.) packages instant chocolate pudding
- 3 c. milk
- 1/2 c. mini chocolate chips

FOR THE TOPPING

- 2 c. whipped cream
- 1/4 c. chocolate shavings
- 1/4 c. mini chocolate chips

DIRECTIONS:

1. In a medium bowl combine crushed Oreos and butter. Press into a 9"-x-13" baking dish.
2. Make cheesecake layer: In another large bowl using a hand mixer, beat cream cheese and powdered sugar until no lumps remain, then beat in mint extract. Fold in whipped cream until incorporated. Add green food coloring until desired color is reached. Pour cheesecake layer over crust and smooth top with an offset spatula. Refrigerate while making the next layer.
3. Make pudding layer: In a large bowl, whisk together pudding mix and milk until thickened, then fold in mini chocolate chips. Pour pudding over cheesecake layer and smooth top.
4. Spread whipped cream over pudding layer and top with chocolate shavings and mini chocolate chips. Refrigerate until well chilled, at least 4 hours and up to overnight.

BUSINESS OF THE MONTH

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